

Freshman Year

Getting the most out of your high school years takes planning -- opening doors and paving the way for a successful future begins NOW!

Choose challenging, meaningful courses...

For example...Are you interested in becoming a physical therapist? Plan on taking as many upper level math and science courses as possible. Are you interested in pursuing a career in architecture? Check out what the Drafting & Design program at the Erie County Technical School has to offer. *You can go to vo-tech and remain on a college-prep track!*

Tech Trip...

Each fall the entire 9th grade class visits the Erie County Technical School. Students are able to visit several labs, and current students and faculty are on hand to answer questions, etc. In order to take advantage of each lab's three year curriculum interested students are encouraged to apply for ECTS acceptance during the fall/winter of their freshman year. Admission to tech is competitive! Keep your grades up, attend school regularly, and avoid discipline issues. For more info on ECTS visit www.ects.org

Homework and studying -- there is a difference you know...

You may not be assigned homework every night, but you do need to study every night! Homework is answering problems 1 – 20 on page 56 or reading chapter five in your history book. Studying is bringing your history book home and *rereading* chapter five or *reviewing* the terms in chapter five because the terms may appear on an upcoming test. In order to access your long-term memory, the part of your memory that's going to help you recall information for tests and final exams, you need to study on a regular basis.

Get organized...

At this time in your life you can no longer expect someone else to remember your homework assignments or where you are supposed to be each day. Keeping an agenda book or calendar of some sort is vital! North East High School provides each student with an agenda book. If you prefer a different style (daily, weekly, or monthly) add this item to your list of school supplies.

Keep in mind...it doesn't matter if it costs \$15 or 50 cents – what matters most is that you use it!!!

Having trouble in a class? Follow these easy steps...

1. Talk with your teacher...Do I owe any assignments/tests, are you available during tutorial?
2. Ask for help! Parents, siblings, friends *OR* stay after school for homework help.
3. Feel uncomfortable talking to your teacher...no one to help you study?
SEE YOUR SCHOOL COUNSELOR!

Your High School Transcript...

It may seem far away, but graduation is closer than you think. The work you do now will follow you through to graduation. Don't give a college or technical school a reason to second-guess your acceptance because of poor grades or numerous absences. Admissions counselors look at everything – DO YOUR BEST!

Join clubs and/or sports...

Not only do they "look good" on a college application, but participation is an excellent way to make new friends and become more involved in your school community. North East High School offers a wide variety of after school clubs, activities, and sports – GET INVOLVED!!

REMEMBER – Your school counselor is available to meet with you for a variety of reasons - personal, social and academic! If you need to talk stop in and make an appointment. ☺

